



## Year 6 Residential Trip

31st October - 4th November 2022





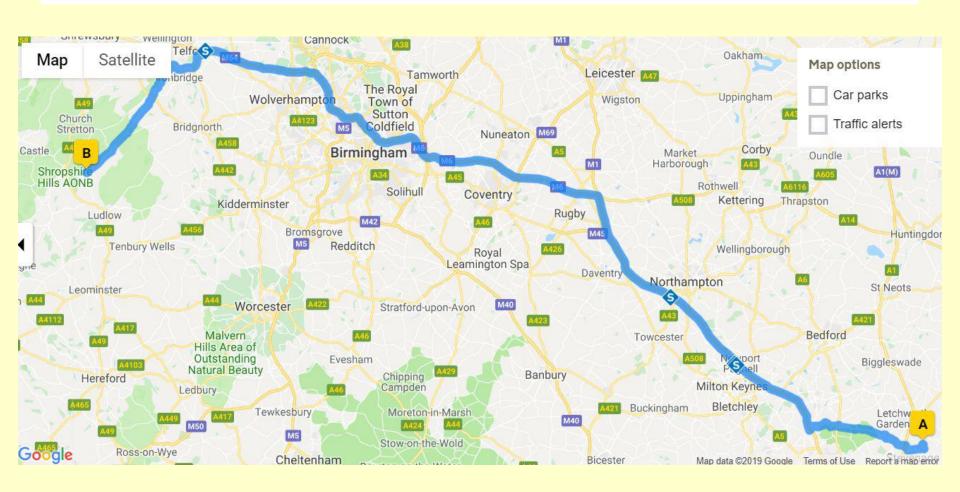
### Staff members

- · Lead Dr Christie
- Mrs Luzzeri
- · Ms Greve
- Mr Page
- · Ms Devonshire





### Travel & Location



150 miles (3 - 4 hours)

### Site



### Accommodation

We will be staying in The Mews.

Rooms sleep between 6-12 children and are equipped with bunk-beds, toilets and shower units.





Three meals a day. Choice of hot main courses or cold buffet.

Special dietary requirements need to be specified on the medical form.



#### DEPARTURE

On day of departure children need to come to school with a packed lunch, in a disposable bag.

#### RETURN

On day of our return children will have had breakfast plus lunch and we will leave around 1:30pm. Hopefully arriving back at school at around 5:30pm



### General Timetable

- 07.30 Rise & Shine
- 08.00 Breakfast
- 09.00 10.30 **Outdoor Pursuit Session 1**
- 10.30 10.50 Break Time
- **10.50 12.20 Outdoor Pursuit Session 2**
- 12.20 13.40 Lunch Time
- **13.40 15.10 Outdoor Pursuit Session 3**
- 15.10 15.30 Break Time
- 15.30 17.00 **Outdoor Pursuit Session 4**
- 17.15 19.00 Evening Meal / Free time
- **19.00 20.30 Outdoor Pursuit Session 5**
- Bedtime At the discretion of the Trip Leader

### Activities

Over the course of 4 days, children will participate in 19 instructor-led activities. Each activity lasts  $1\frac{1}{2}$  hours.

- Abseiling
- Archery
- · Axe Throwing
- ·Blind Trail
- ·Boulder (indoor rock climbing)
- ·Climbing (outdoor tower)
- · Evening Walk
- · Fencing
- · Grass Sledging

- ·Hill Walk (double session)
- ·Low Ropes
- · Manor Olympics
- ·Obstacle Course
- · Rifle Shooting
- · Survival Skills
- · Underground Maze
- · Wide Games
- ·Zip Wire

## Bedding & Clothing

#### BEDDING

Children need to bring a sleeping bag, pillow and a pillow case.

#### CLOTHING

Underwear, toiletries, towel (x2), slippers or indoor shoes, nightwear. Plus bag for laundry

Trousers/jogging bottoms (x3), jumpers/sweatshirts (x3), T-Shirts, Long-sleeved fleeces/sweat-shirts (x3), Walking boots, trainers (2 pairs)

Cagoule/waterproof - to keep out the wind & rain. Woolly hat/gloves.





### Medication

#### Children's Medical Form

Please complete your child's medical form as fully as possible.

#### Medicines

On the morning, log all medicines with Miss Devonshire. During the trip, they will be held centrally and given to children as required.

Asthma pumps must be taken by children who need them. We suggest that they bring 2 if possible.









## Electronic Equipment

There are no TVs or electronic games at Manor Adventure.

Children are not allowed any electronic or electrical devices such as games/phones/hair dryers, kindles etc...

Money - children can bring in a maximum of £5 (lots of change for use in the shop)

# Abseiling







# Archery





# Fencing





## Obstacle Course







# Rifle Shooting









# Rock Climbing











## Mud, glorious mud!





# Great fun and good teamwork







