

## The Leys Primary & Nursery School

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# **Online Safety Letter**

Dear Parents/Carers,

Online safety & Remote Learning

We would like to say a huge thank you to you all for supporting the children with their home learning during these challenging times. We have been amazed by the children's enthusiasm, positivity and the quality of work being produced whilst at home. As we find ourselves in these more challenging times, I just wanted to take the opportunity to remind you of the SMART principles to follow for children staying safe on the internet. These are;

## S – Safe

Keeping safe by not giving out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online. This also includes discussing gamer tags or other details in online forums.

### **M** – Meeting

Meeting someone you have only been in touch with online is dangerous. This should only be done with parental permission or when they can be present. At present, maintaining relationships with people we trust is important for our mental wellbeing. Think about how you can stay in touch with friends and family safely via telephone or video calls. Social media is another way of doing this, however, there are lots of age restrictions on these apps, so will need to be checked first.

## A – Accepting

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages.

### R – Reliable

Information you find on the internet may not be true, or someone online may be lying about who they are.

### T – Tell

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

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For those parents with children accessing the internet for their learning, it is especially important to be clear what your child can and can't do online – where they can use the internet, how much time they can spend online, the sites they can visit and the type of information they can share. Agree with your child when they can have a mobile phone or tablet – it is a good idea to set appropriate times so they are not using their devices late at night and you are ensuring they still get enough sleep!

Please see below a range of useful websites to support parents/ carers with Online Safety.

Childline – www.childline.org.uk

UK Safer Internet Centre to report and remove harmful online content <u>www.reportharmfulcontent.com</u>

CEOP (to make a report about online abuse) <u>www.ceop.police.uk/safety-centre</u> Internet Matters (for support for parents and carers to keep their children safe online <u>www.internetmatters.org</u>

London Grid for Learning (for support for parents and carers to keep their children safe online) <u>www.lgfl.net/online-safety/</u>

Net-aware (support for parents and carers from the NSPCC) <u>www.net-aware.org.uk</u> Parent info (for support for parents and carers to keep their children safe online) <u>www.parentinfo.org</u>

Thinkuknow (advice from the National Crime Agency to stay safe online) <u>www.thinkyouknow.co.uk</u>

UK Safer Internet Centre (advice for parents and carers) https://www.saferinternet.org.uk/advice-centre/parents-and-carers

Further links can be found on our school website at <u>https://www.leys.herts.sch.uk/pupils-esafety.html</u>

We appreciate your support and encourage you to get in touch if you need any further assistance concerning these matters.

#### DKhangura

Mrs D Khangura Headteacher

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