

The Leys Primary & Nursery School Newsletter

Learning TodayLeading Tomorrow

Stor of the Week Class Pupil Benjamin Lily Antoni Murphy Kerr Lily - Mai Bryon **Emmy** Donaldson Stanley Soundar Shiv Dahl Lexie Chloe F Gavin Kaan Mante Jared Morpurgo Riordan Hollie Zephaniah Charlie B Malala Whole class Blackman Whole class Kipling Whole class



Times Tables Leaders
Well done to
Paige
Nathania
Oliver P

For most improved time (playing in the Studio area) over the past 7 days

Friday 12th May 2023

DATES COMING UP! (please note all dates are subject to change)

15 May -King's Coronation non-uniform day, wear blue/white/red -no donation 15-19 May -International Week

17 May -E-safety Q & A with police officers 2:30 - 3pm **18 May** -EYFS parent

workshop 9-10 am

22-26 May -Healthy Living Week and Walk to School Week

25 May -EYFS parent workshop 9-10 am

26 May -Break the Rules Day

29 May-2 June -Half term

8 Jun -Year 2 school trip

9 Jun -Non uniform Summer Fair donations (details closer to the date)

16 Jun -Summer Fair

26 Jun -Class group photos

29 Jun -Sports Day 1

30 Jun - Sports Day 2

3-7 Jul -Climate change week

14 Jul -Y6 Productions

17 Jul -Y6 prom

20 Jul -Last day of term

1:30pm finish

21 Jul -INSET Day, school

closed

Friendship Award	Year 1 - Antonia	
Headte	eachers Awards	
Year 4	Gabriella, Olivia, Liam, Betsy, Delilah, Jared, Joel, Muhammad, Daniel, Delilah, George, Nathan, Jensen, Lily	

Attendance Wheel of Reward

Each week in assembly the wheel will be spun for most improved class attendance



Be here to have a go!

This week's winners & rewards:

Donaldson - Games afternoon

Mante - PJ Day Blackman - Movie and popcorn

NOTICE

From Monday next week (15th May) the school gates will be opened from 3:10pm every afternoon.



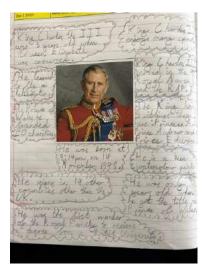
History - The King's Coronation











For the last few weeks we have been learning about the King and his Coronation. The children have been listening to Coronation music, learning new songs, drawing portraits, making crowns, watching Newsround and writing fact files about the King. This Friday, we will be having our class celebrations across the school. Next week, the Juniors will be taking part in Coronation dance workshops called Dancing through the Decades.



CLASS OF THE WEEK: Zephaniah



By Rebecca I:

Zephaniah class have been using our research skills this week, in Science we have been learning about Jane Goodall and researching her. We have been learning about Chimpanzees because she studied them. We have used our skills to find out more about her and the endangered species. Then we put that knowledge into any format we want (such as posters, videos and google slides) to promote her effort to raise funds to save them. Additionally, we have been researching Sikh artefacts in RE. We have used our skills to find out more about Sikh artefacts, such as searching for information about Gurdwaras, like the Golden Temple in India and the Sikh holy book (which is in the Golden Temple) called the Guru Granth Sahib.



By Phebe W Dear Diary,

Hello diary! Today, I was writing a letter to Captain Potts - once again- until I found a letter just for me! OMG! I'm invited to a special party at Boscher's sausage shop. Apparently it's supposed to have so many people there: I'm loved!

A grin was stuck on my face. I had to get ready! Comb, comb. I combed my heart-shaped tail and fur (till smooth and silky) and I put on my finest shoes and jacket before touching up my still-to-grow beard.

I set off. It wasn't that far away and I already had a stitch. To be honest, it was only 10 yards away...

Spiritual, Moral, Social, Cultural and British Values





This week across the school the children have been learning all about the King's Coronation that was celebrated across the country last weekend. The children have had a



great week learning a new song in music lessons, completing arts and crafts, having Afternoon Tea with their friends and much more. What a great week to celebrate King Charles |||.

The Leys Have Talent

On the weekend, Teddy, in year 6, climbed Mount Snowdon with his family which was amazing.

What was even more amazing was that on their way up they bumped into Mr Newlands who was on his way down!



Well Done Teddy and Mr Newlands!

 Empathy
 Inclusivity
 Respect
 Aspirations
 Determination
 Empowerment



Mental Health Awareness Week 15-19th May

Public events for parents/carers:

Free Health & Wellbeing Day, Tuesday 16th May at Stevenage Arts & Leisure Centre, Stevenage:

Join us for a fact-filled day of stalls and workshops hosted by local charities and services including: Hertfordshire Talking Therapies, Mind in Mid-Herts, Triangle Community Gardens, The Living Room, Foodshed/Babyshed, Holistic Health At Home, Everyone Active, Newleaf Recovery and wellbeing College and Pixie & Pickles Therapy Ponies!

Workshop timetable:

10:00am - New shoots by Triangle Community Gardens
11:00am - Reiki Drum Group Healing Meditation by Holistic Health at Home 12:00am Understanding Worry & Anxiety by NHS Hertfordshire Talking Therapies
1:00pm - The Benefits of a healthy lifestyle by Everyone active
2:00pm - Why having a wellbeing action plan helps your personal recovery by New Leaf
Recovery College

3:00pm - Trained Therapy Shetland Ponies by Pixie and Pickles

Online Mental Health Support Day, Wednesday 17th May:

10:00am - Mental Health Awareness Training:

Our free online Mental Health Awareness Training workshop raises awareness of common mental health problems and provides tools and techniques to support colleagues struggling with pressures at work, service users navigating challenging lives, friends, and family. Improving your understanding of mental health difficulties could benefit many people around you.

This brief overview session identifies key contributors to mental health challenges, signs and symptoms of mental health difficulties, and ways in which you can open sensitive conversations, develop a plan of action, and build trust. The webinar includes information about NHS Talking Therapies and how to support others to engage more closely with the local mental health team.

Click here to secure your free place to the Mental Health Awareness Training session.

1:00pm - Understanding Anxiety: * Launch Day*

Our brand new 'Understanding Anxiety' webinar has been created especially for Mental Health Awareness Week 2023! The webinar explores how anxiety affects our thoughts, behaviours, emotions and physical sensations, and offers a toolbox based on Cognitive Behavioural Therapy (CBT) of ways to manage these common feelings. The webinar includes information about the support offered by Hertfordshire and Mid Essex Talking Therapies for anyone interested in receiving further help and guidance.

The aim of this webinar is to help you understand anxiety, feel more comfortable with it and start to discover ways of living your life alongside anxiety.

Click here to secure your free place for the launch of our new 'Understanding Anxiety' webinar.

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5:30pm - Relaxation Skills

This is an introduction to the topic of relaxation including practical relaxation exercises, guided by the facilitator, so participants can experience varying methods of relaxation. Stress and anxiety are common features of life, keeping us all in an exhausting state of psychological and physical tension. An effective way to reduce this tension is through relaxation.

Relaxation is not just something that happens to us. By understanding more about it and learning simple but effective techniques we can choose to enter a more relaxed state of mind and body, irrespective of the difficulties facing us.

Click here to secure your free place at our Relaxation webinar.

Live and interactive webinars (Monday 15th - Friday 19th):

Join us for a free live and interactive webinar delivered by a member of our team during the week to help improve your wellbeing.

Monday: Mindfulness: Reconnect with your True Self at 11am. Click here for more information and to register.

Tuesday: Managing employment and emotional wellbeing at 10am. Click here for more information and to register.

Tuesday: How to Cope with Stress at 3pm. Click here for more information and to register.

Wednesday: See our 'Online Mental Health Support Day' details above.

Thursday: Menopause and Emotional Wellbeing at 3pm. Click here for more information and to register.

Friday: Managing Worry at 10am. Click here for more information and to register.

www.hpft-iapt.nhs.uk



Whole school attendance target = 97%

Whole school attendance this week = 96%

Best class attendance this week = Blackman and Riordan both 100%



Well done to the Year 6 team for their hard work and dedication with SATS week

Empathy	Inclusivity	Respect	Aspirations	Determination	Empowerment
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If you need to talk ...

...we're here to listen

0808 800 2222

askus@familylives.org.uk

🌐 www.familylives.org.uk

Parentline family support and bullying helpline | Family Lives

Could your family be missing out on free milk, fruit and vegetables?

Are you pregnant or have a child under four? Did you know you could be missing out on free fruit, vegetables, or milk worth at least £220 a year and free vitamins?

If you are more than 10 weeks pregnant or have a child under four years old, and in receipt of certain benefits, you could be entitled to a Healthy Start prepaid card worth £4.25 per child per week, to spend on healthy food and milk.

If you are entitled to Healthy Start, you will also get free vitamins designed to help pregnant and breastfeeding women and growing children.

Pregnant women and parents of children over one and under four years old can apply online for a new Healthy Start digital prepaid card which will be topped up every 4 weeks. Parents of children under one-year-old can get £8.50 per week. Previous voucher recipients must re-apply to continue getting help.

Check your eligibility and apply(opens in new window) at NHS Healthy Start.

You can also use the benefit-checker on the Hertfordshire County Council website(opens in new window) and access free information about benefits that you might be missing-out on.

Healthy Living Week 22-26 May- We need you!

We're looking for speakers/visitors to come in and talk to year groups about healthy living. If any parents/carers work in the health industry/NHS or wellbeing we'd love to hear from you. Please contact the school office if you're able to help.

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The month of June will be dedicated to celebrating and empowering our pupils about **future careers**

We would like to invite our parents/carers/relatives to visit our school and talk to our pupils about their jobs. We would appreciate and welcome talks from all careers

Please call or email admin@leys.hert.sch.uk with your details and preferred year group, thank you

SENDCo drop in sessions

These sessions are to discuss:

- Information to share from home
- Initial concerns
- Making a plan to move forward
- Other arising matters you would like to raise after speaking with the class teacher

If you would like to book a drop in session with myself, please follow the link below One slot per child

If you do wish to talk out of these times the door is always open

https://leys.schoolcloud.co.uk/

Slots available					
Monday 24th April	Tuesday 16th May	Wednesday 14th June 2-2.15	Tuesday 11th July		
2-2.15	9-9.15		3-3.15		
Monday 24th April	Tuesday 16th May	Wednesday 14th June 2.15-2.30	Tuesday 11th July		
2.15-2.30	9.15-9.30		3.15-3.30		
Monday 24th April	Tuesday 16th May	Wednesday 14th June 2.30-2.45	Tuesday 11th July		
2.30-2.45	9.30-9.45		3.30-3.45		
Monday 24th April	Tuesday 16th May	Wednesday 14th June 2.45-3	Tuesday 11th July		
2.45-3	9.45-10		3.45-4		

Term dates 2022-2023

SUMMER TERM

Term: 17 April - 20 July Bank Holiday: 8 May

Half term holiday: 29 May 2023 -

2 June 2023

Term: 5 June-20 July Inset day: 21 July 2023

Summer holiday: 24 July 2023 -

31 August 2023

Inset Days 2022-2023

21 July 2023

Term dates 2023-2024

AUTUMN TERM

Start of term: 4 September 2023 Inset day: 1 September 2023 Term: 1 September - 19 October 2023 Inset day: 20 October 2023

Half term holiday: 23 October -

27 October 2023

Occasional day: 8 December 2023

Term: 30 October - 20 December 2023

Christmas holiday: 21 December

<u>- 3 January 2024</u>

SPRING TERM

Inset day: 4 January 2024 Term: 5 January - 16 February 2024

Half term holiday: 19 February - 23 February 2024

Term: 26 February- 28 March 2024 Easter holiday: 29 March – 12 April

2024

SUMMER TERM

Term: 15 April - 24 May 2024 Bank Holiday: 6 May 2024 Half term holiday: 27 May - 31 May 2024 Inset day: 3 June 2024

Term: 4 June - 23 July 2024 Inset day: 12 July 2024

Summer holiday: 24 July 2024 -30 August 2024

Inset Days 2023 - 2024

1 September 2023 20 October 2023

8 December (Occasional day)

2023

4 January 2024 3 June 2024

12 July 2024